

**Lesson Plans
Grades 7-12
Safe Environment 2020-21**

To prepare to teach these lessons, go to <https://fightchildabuse.org/teen-teacher/#prescreening>. I have developed the lesson plan below/

1. Begin class with a prayer. (My favorite prayer still to this day is the Guardian Angel Prayer especially when we talk about safety)

2. Ask the students:” What are some of the things you talk about as teenagers or tweenagers?”

3. Do you ever talk about abuse or sexual abuse with your peers?

4. Why not?

“I know this is a very uncomfortable topic but something that as teenagers you need to be aware of and know some ways to protect yourself. “

Let’s watch these videos.

After the videos:

What are some of the things you heard? What are some take-aways or things you will remember? What can you do to protect yourself?

As a Catholic, what are some things the Church teaches about our personal boundaries?